



Technical Bulletin: 3


PPE Usage and Disposal

Proper Use and Disposal of Personal Protective Equipment (PPE)¹

- Latex gloves and surgical masks are meant to be used once and disposed of unless they are intended to be reusable.
 - Face shields and goggles can be reused after being disinfected.
- Never wash or reuse disposable PPE. It is meant to be used once by one person.
- Change to a new item if the current one is torn or soiled, even if in the same environment.
 - Wash hands before putting on new PPE
- Steps for using PPE
 - Put on before entering a suspected contaminated area
 - Mask first, then goggles/face shield, then gloves.
 - Use carefully to not spread contamination. Limit the surfaces and items touched
 - Remove and discard as you exit the area
 - Remove gloves first, then goggles/face shield, then mask.
- Immediately wash hands or use sanitizer
- PPE can be discarded in any trash receptacle.
 - if available, it is best to place used PPE in a plastic bag that can be tied shut before being thrown in the trash.²

Removal and Disposal of Gloves³

How to Remove Gloves (1)



- Grasp outside edge near wrist
- Peel away from hand, turning glove inside-out
- Hold in opposite gloved hand

How to Remove Gloves (2)



- Slide ungloved finger under the wrist of the remaining glove
- Peel off from inside, creating a bag for both gloves
- Discard

See the **CitySafe Partners** catalog for PPE and cleaning services best for you.

This document is provided for general information purposes only and is not meant to provide any form of medical advice.
 1. <https://www.cdc.gov/hai/pdfs/ppe/ppeslides6-29-04.pdf>
 2. <https://www.mountainside-medical.com/pages/how-to-properly-dispose-of-a-face-mask>
 3. <https://www.fda.gov/medical-devices/personal-protective-equipment-infection-control/questions-about-personal-protective-equipment-ppe>